

Managing Self Harm Psychological Perspectives

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Managing Self Harm Psychological Perspectives

Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and

treatment.

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Managing Self-Harm: Psychological Perspectives by Anna Motz

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Managing Self-Harm: Psychological Perspectives, 1st ...

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Managing Self-Harm: Psychological Perspectives. Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. Managing Self-Harm explores the meaning and impact of self-harm, and the sense in which it is a language of

the body.

Managing Self-Harm: Psychological Perspectives - Google Books

Self-harm often arises at moments of despair, or intensity and its reasons are not necessarily available to the conscious mind. "Managing Self Harm" explores unconscious meanings for self-harming and the sense in which it is a language of the body, and is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment.

Managing Self-Harm: Psychological Perspectives by Anna Motz

Self-harm in this context includes eating and substance disorders, addictive behaviours of all types, as well as a whole range of masochistic and self-sacrificing attitudes (including perhaps the ...

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(2011). Managing self-harm: Psychological perspectives. Psychodynamic Practice: Vol. 17, Psycho-Social Perspectives on the Dynamics of Inclusion and Exclusion in Groups, Organisations, Communities and in Society, pp. 370-373.

Managing self-harm: Psychological perspectives ...

Self-harm, or self-mutilation, is the act of deliberately inflicting pain and damage to your own body and can include cutting, burning, scratching, and other forms of injury. The other forms of self-harm include consuming toxic amounts of alcohol or drugs, or participating in unsafe sex.

Self-Harm | Psychology Today

Abstract. This paper reviews the burgeoning sociological literature on non-suicidal self-injury, in which individuals intentionally harm themselves by cutting, burning, scratching, or smashing their

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body parts. We identify challenges to studying self-injury, such as conflicting definitions and categorizations.

Sociological Approaches to Self-injury - Taylor - 2015 ...

There are a number of psychological models which address self-harm and suicidal thoughts and behaviors. These include: Dialectical Behavior Therapy (DBT), which views suicide and self-harm as the product of emotional dysregulation.

Suicide and Self-Harm - Psychology Tools

Self-harm as violence. Self-harm, known also as self-injury, self-poisoning, self-mutilation and parasuicide, is not easy to define. The WHO defines it as 'an act with non-fatal outcome, in which an individual deliberately initiates a non-habitual behaviour that, without intervention from others, will cause self-harm, or deliberately ingests a substance in excess of the prescribed or ...

Self-Harm as Violence: When Victim and Perpetrator Are One ...

Managing self-harm : psychological perspectives. Designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment, this book explores unconscious meanings for self-harming and the sense in which it is a language of the body. (not yet rated) 0 with reviews - Be the first. Self-mutilation.

Managing self-harm : psychological perspectives (eBook ...

Managing Self-Harm: Psychological Perspectives The book includes psychological theories, clinical vignettes and pieces by individuals who have harmed themselves. Also discussed are clinician responses to self-harm, the problems of risk assessment and tolerance, and the reactions to self-harm of clinicians, relatives and carers.

Managing Self-Harm: Psychological Perspectives, Mental ...

In *Managing Self-Harm, Psychological Perspectives* (ed Motz, A): 15 – 41. Routledge. National Collaborating Centre for Mental Health (2012) *Self-Harm: The NICE Guideline on Longer-Term Management* (National Clinical Guideline Number 133). British Psychological Society and Royal College of Psychiatrists.

Psychodynamic approaches to suicide and self-harm ...

Self-harm often arises at moments of despair or emotional intensity, and its reasons are not necessarily available to the conscious mind. *Managing Self-Harm* explores the meaning and impact of self-harm, and the sense in which it is a language of the body. It is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment.

Managing Self-Harm: Amazon.co.uk: Motz, Anna ...

Suitable for clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment, this book explores unconscious meanings for self-harming and the sense in Read more...

Managing self-harm : psychological perspectives (Book ...

Self-harm is a very common mental health issue. One way in which people do this is by cutting themselves. But why? Learn about the psychology behind it here.

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